

Pine Tree Council Health Guidelines for Unit Activities- August 2021

Healthy Unit Activity Planning and Pre-Activity Guidelines

- Check chartered organization's policies on group activities; ensure activity complies with their policy.
- Develop a health safety plan; describe precautions addressing each applicable activity below.
- Complete health screens before start of event. Scouts or adult leaders who do not meet screening requirements **MUST NOT** participate.
 - For unit specific single day activities, a verbal screening questionnaire is acceptable. (see next page for screening questions)
 - For overnight activities, or activities where scouts will be spending a significant amount of time with each other, the paper version of the Screening Questionnaire should be used.
 - *For all council/ district sponsored activities, a paper version of the Screening Questionnaire will be required.*

Healthy Unit General Activity Guidelines

- **For indoor gatherings, all individuals (vaccinated and unvaccinated) should wear a mask/ face covering and try to maintain social distance of 3-6 feet.**
- For outdoor gatherings, masks/ face coverings are not required, but participants should try to maintain social distance of 3-6 feet.
- PLEASE NOTE- as a precaution, all individuals should bring a mask with them to every activity.
- If units are organizing carpools, make sure that families are comfortable with carpooling.
 - **All individuals should wear a mask while in the car for longer than 20 minutes, regardless of vaccination status. For long car rides, frequent stops should be planned to allow for mask breaks.**
- Wash/sanitize hands often, especially after touching common surfaces.
- Hand-sanitizing stations (ideally, hand-washing stations) widely available.

Eating, Drinking, Cooking

- Do not share dishware/ utensils/ drinkware.
- Gloves and masks should be worn during meal prep and service for communal meals, especially if indoors.
- Self-service eating or drinking (e.g., shared 5-gallon water jugs) is allowed, but individuals should wash/ sanitize hands after touching common items.
 - **Masks should be worn while around self-service eating or drinking items.**
- When eating, try to maintain at least 3ft- 6ft distance between non-related participants.

Camping/ Tenting

- Solo camping only for unrelated scouts. One participant per tent/ Adirondack.

Protocols for Exposure/ Close Contact

- For exposure/ close contact that is not a family member, units should follow the quarantine guidelines of their School District.
- For exposure/ close contact with a family member, the unit member should quarantine for 3-5 days from exposure, if no symptoms are present.
 - If symptoms are present, the unit member should quarantine until symptoms go away or until they receive a negative COVID test.

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SCREENING QUESTIONS

- Are you fully vaccinated against COVID 19?
- Have you anyone in your household had a confirmed case of COVID 19 within the last 14 days?
- Have you been in close contact with anyone who has been tested for COVID 19 and is waiting for results?
- Have you traveled outside of the United States within the last 14 days?
- Have you had any of the following **unexplained** symptoms in the last 14 days?
 - Fever (100.4 F or greater)
 - Chills
 - Diarrhea (more than 3 loose stools)
 - Cough or shortness of breath
 - Sore throat
 - Vomiting (in the last 24 hours)
 - Sudden loss of taste or smell
 - Extensive Body Rash
 - Body aches or fatigue